

# **Myerson Makes the Teeth that Make the Smile**

## **Congratulations!**

Your denture has been custom made for you by dental professionals using Myerson made artificial teeth. Myerson has been making denture teeth for over 100 years, so you can take confidence in the quality of Myerson made teeth. With proper care, your appliance should provide years of use.

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# Caring for your Denture

The American Dental Association makes the following recommendations:

- Placing a denture in water (or a denture cleanser solution), when they are not being worn, helps the denture retain its shape, remain pliable and keeps it from drying out.
- Do not attempt to chew ice or meat bones while wearing your dentures.
- Dentures should never be placed in hot water, which could cause them to warp.
- Neither bleach nor powdered household cleansers, which can be abrasive, should be used to clean dentures as they might damage the denture.

Like natural teeth, dentures must be cleaned daily to remove food particles and bacteria, and to help prevent dentures from becoming permanently stained. When cleaning, please take care not to drop dentures especially if cleaning them over a sink.

Commercial denture cleansers for removable dentures come as tablets, creams, pastes, gels and solutions. The first step in cleaning dentures is to rinse away loose food particles and remove any denture adhesive.

The amount of time dentures should be soaked in the denture cleanser depends on the manufacturer's instructions.

Denture cleansers should not be used while dentures are still in the mouth.

Note: As an alternative to commercial cleansers, dentures can be cleaned with toothpaste or soap—mild hand soap or dishwashing liquid—warm water and a soft-bristle toothbrush.

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