



Materials Care Card

Your appliance has been custom made for you by a dental professional to fit comfortably and look natural.

With proper care, your appliance should provide years of use.

- Place dental appliance in water or denture cleanser when not being worn to help it retain shape, remain pliable and prevent it from drying out.
- Do not place in hot water as it may cause warping.
- Do not attempt to chew ice or meat bones while wearing appliance.
- Clean dental appliance daily.
- Take care not to drop appliance when cleaning.
- Do not use denture cleansers while appliance is in the mouth.
- Do not soak appliance in mouthwash (ex: Listerine) or other alcohol based liquid as it may lead to irritation in the mouth.
- Do not clean using a stiff brush or abrasive toothpaste.
- Do not clean appliance with bleach or powdered household cleansers as they can be abrasive and might damage the appliance.
- Commercial denture cleansers for removeable appliances come as tablets, creams, pastes, gels and solutions. Follow the manufacturer's instructions after rinsing away loose food particles and removing any denture adhesive.
- Staining of dental appliances may occur from some foods. Over-the-counter denture cleansers can remove these superficial stains. It is safe to use a cleanser for more than the recommended time to remove stubborn stains.
- Appliances can also be cleaned with gentle toothpaste, mild hand soap or dishwashing liquid using warm water and a soft-bristle toothbrush.